



## How harmful are the cleaning products in your home?

### BONUS PROJECT GUIDELINES

1. Make a list of all the cleaning products in your home.
2. Review the alternative cleaning products in the links on the main page.
3. Ask your family to use these alternate products for at least one month – or your teacher may use them as a group in class. If you do not know anyone who will support your project then just ask your Advisor. Our advisors are always willing to call out to their friends and family to ask if they'll participate in any of your projects.
4. When the month is up, discuss your results on the Group Chat page. Did you save money? How well did they clean? Did anyone in the house breathe better? Were people sniffing or sneezing less?



**NOTE:** Manufactured organic anything is usually costly but items for this project are in the price range of vinegar, lemon or baking soda. Each are under \$5.

These organic products are safe to mix but always follow instructions and never, ever, ever mix cleaning products such as bleach, ammonia or other strong products that are meant to be used alone. It could be fatal!!