

Dear Members ❖ Welcome to the Get in the Game program! Get ready to be engaged in interactive projects and to receive personalized attention from advisors and mentors who will assist you as you take your first steps into adulthood. Together, you will identify how to achieve your goals and exceed your own expectations. We challenge you to take flight toward a productive, legal and well-balanced lifestyle that allows you to wake-up feeling grateful and energetic for what the new day will bring.

My name is Wendy Snodgrass and I am the founder and creator of Learning Life Company and the Get in the Game program. I may not know you personally but I do care about you. You are the leaders of the next generation and generations after that (which includes my son) so I hope you recognize the power you have to contribute goodness to the world. There is a leader in all of us, just look where you are most passionate and you'll find your leadership qualities.

Now, about the world...At some point in time, most people feel like a "victim of the system" because we grow up with **rules**, we enter adulthood with **rules**, and we have to conform to societal standards and honor the government's laws...more **rules**! It's natural to turn 18 and want to simply be free – to ignore the rules that aren't convenient or that you don't quite understand. You think you have a few more years to become a true responsible adult, but legally you do not. Be responsible. Be accountable. Enjoy our world, it's mostly good!

You'll discover this social structure of rules is also instrumental for our freedom and ability to live an informed life, in a civilized society where millions of people can function together *more or less* in harmony. Following the rules actually gives you more freedom and individuality to stand out, stand strong, and to have a voice! Meanwhile it's up to you to create the life you desire and then to be accountable for your choices.

Think of Get in the Game as the instruction manual to the game of life! While your life is unique and clearly does not come with a manual, there are certain aspects you'll encounter that are the same for everyone. Many people spend the better part of their 20's trying to find a balance to their life. By their 30's and 40's they usually understand **how to play** the game but are still figuring out **strategy**!

I can't protect you from making mistakes because many of them are necessary for wisdom and self-growth. But, this program can give you the foresight to avoid making poor decisions with stressful consequences.

Please do not think of this program as more school! It is a practice round at the adult game of life. Out there in the real world, the consequences for many common decisions can be so devastating that it paves the way for a complicated life full of needless financial problems, legal hassles, career pits, or unhealthy living. But, in our program, you can make mistakes and you will not be judged, lectured, sent to jail, penalized, fired or flunked. You will only be supported!

So no matter what your life is like and no matter if you are rich or poor, happy or sad, have good parents or unpleasant parents, have many friends or few friends, are physically fit or overweight, are wild or well-behaved, out-going or bashful...how others perceive you is irrelevant here! All that matters is how you perceive yourself!

You accept no stereotype while you are *getting in the game*. You are whoever you want to be! You are strong enough to overcome your weaknesses. You reject all negativity and remain optimistic about the possibilities of your future. While you are *getting in the game*, you set your expectations of self. YOU have the power to create your own life.

Embrace Get in the Game as an instrument to help you play the first musical notes of your adult life.

Now go write your life's song!

Wendy W. Snodgrass

The Get in the Game Program can be a counselor, a mentor, an encyclopedia, and a friend while you compose your life and craft your legend in this big, big world!